

Those with the vision and the determination to see EMDR research become well-supported in Mental Health Research.

Those who are anticipating saying "I'm a part of that" when they hear about the first \$500,000 grant for research in EMDR to be awarded by the EMDR Research Foundation.

In this season of thanks and appreciation, we have much for which to be grateful. Many of you have already demonstrated your gratitude this year by giving back some of what EMDR has given to you and the clients you serve.

In the spirit of giving and gratitude, donors have contributed a total of \$66,120 in 2011 so far. Many of these donors chose to become members of the <u>Visionary Alliance</u> by "paying as they earn." Recurring contributions to the Foundation now total over \$3,000 a month.

These are the individuals and groups who have decided that the easiest, most efficient and most sustainable way to contribute to the promise of EMDR research is by making an ongoing commitment to the Foundation. As sustaining members, they recognize that the more funds the Foundation can count on, the greater the commitment the Foundation can make to its real job - awarding grants for EMDR research.

Here are some comments from your peers that demonstrate why people have decided to embrace their vision and become Charter Members of the Visionary Alliance:

"I decided to make a regular contribution to the Visionary Alliance as a concrete way of supporting research into my preferred psychotherapeutic approach. I see my monetary contribution here as a natural extension of the community of relationships I have with my colleagues in the EMDR world, my clients who benefit from what EMDR allows them to experience and restore in their own lives, and my own therapists who first shared their expertise in EMDR with me. The advances in EMDR are dependent on the courage and ambition of all of us to validate the known process and explore for new ones. By making the EMDR Research Foundation a part of my monthly budget I am contributing to the credibility of our work in a way that I could not manage through a hefty once-a-year check, though, by all means I encourage anyone who can write one of those to do so!"

-Storey C. Smith MA, MSW, New Mexico Veterans Administration Healthcare System

"I was happy to commit to the monthly donation to support the Foundation's goals, and I am proud to join the Visionary Alliance. EMDR is the most effective therapy I have ever used; my hope is that the EMDR Community will join forces in supporting the research that is desperately needed. It is only through research that EMDR can be "proven" effective for all of the conditions it is effective with. I feel honored and a privileged to assist in the healing that clients experience with EMDR. Hopefully, one day, EMDR will be fully recognized as the remarkable therapy it is."

-Roxann A. Hassett, LPC, NCC, EMDR-HAP Facilitator, South Carolina

"I decided to commit to the monthly donation program to support EMDR Research for three main reasons:

1) I believe that EMDR provides extraordinary opportunities for healing and restored well-being, so much so that I rarely refer to a therapist who is not trained and experienced in EMDR; 2) I have become aware of how critical good research data is in getting the word out about this phenomenal therapeutic methodology in a way that is credible; and 3) It has literally changed my life and the lives of many of my clients in numerous ways. Thank you for the opportunity to be a Charter Member of the Visionary Alliance, and to offer this testimonial which may be used as a part of your marketing efforts. I have been honored to be included in the EMDR "family" every step of the way, and am excited to witness and support our growth."

-Linda K. Laffey, MFT; Certified EMDR Therapist, California

To read more testimonials and become a Charter Member of the Visionary Alliance, please click here.

It is all up to you...you decide your role in this important endeavor! Give to the EMDR Research Foundation **now**.

EMDR Research Foundation

5806 Mesa Drive, Suite 360 Austin, TX 78731 <u>866.451.5200</u> www.emdrresearchfoundation.org